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CLAIMS

1. A buckle assembly for securing a strap to a fixed post having an enlarged head; the assembly comprising:

a pair of spring-loaded swing arms connected at a common fulcrum and having opposed locking hooks for enclosing a post locking aperture formed between said arms, said aperture being configured to receive said post, said swing arms having respective release tabs for grasping by one hand, said release tabs being positioned in opposed spaced relation to one another for opening said post locking aperture upon being pressed toward each other for removing said buckle assembly from said post;

a strap roller for receiving said strap; and

a spring-loaded strap release for selectively preventing and permitting movement of said strap around said roller for relative adjustment of said strap and said assembly.

2. The buckle assembly recited in claim 1 wherein said swing arms each comprises an integral arm spring for configuring said post locking aperture in a normally locked position.